

# 15<sup>th</sup> Annual Mitchell Area Senior Games

June 22-24, 2017



Events Held At:

- **James Valley Community Center**  
(300 W 1<sup>st</sup> Ave)
- **Village Bowl** (1500 N Duff St)
- **Lakeview Golf Course**  
(3300 N Ohlman St)
- **Kiwanis Park** (Indian Village Rd)
- **Mitchell Senior High**  
(920 N Capital St)
- **Joe Quintal Field** (501 E 11<sup>th</sup> Ave)

Pre-registration deadline is Monday, June 19<sup>th</sup>. Pre-registration is encouraged but not required. Walk-ons will be accepted.

Cost: \$2.00 per event with a maximum of \$10.00\*

\* Event fee does not include bowling lane fees or golfing green fees.

\* **PLEASE NOTE:** Meals are NOT included. If you wish, lunch is available Thursday and/or Friday at the JVCC through the Senior Meals Program for \$4.00 per person. RSVP for the Senior Meals Program by 4:00pm the day before by calling 605-995-8441.

Age as of 12/31/2017 will determine age group.

Name: \_\_\_\_\_ Male/Female: \_\_\_\_\_

DOB: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ County: \_\_\_\_\_

**Return this form with registration fee to:**

Howard Bich, Executive Director SD Senior Games  
2908 S Orchard Ave  
Sioux Falls, SD 57103  
Home: 605-275-6891  
Cell: 605-491-0635  
[habich@sio.midco.net](mailto:habich@sio.midco.net)

**Please sign up for your events on page 2 of this form.**

**Check by the event(s) in which you will participate. You may participate in multiple events occurring at the same time. Partners must complete his/her own registration form.**

**Thursday, June 22**

<input type="checkbox"/> Golf, 18 Hole (4 Person Scramble)	9:00am	Lakeview Golf Course
<input type="checkbox"/> Bowling Singles	1:00pm	Village Bowl
<input type="checkbox"/> Bowling Doubles	3:00pm	Village Bowl
[Partner's Name: _____ ]		
<input type="checkbox"/> Lawn Bowling Singles	6:00pm	Lakeview Golf Course

**Friday, June 23**

<input type="checkbox"/> 8 Ball Pool	9:00am	JVCC
<input type="checkbox"/> Shuffleboard (singles)	10:00am – 3:00pm	JVCC
<input type="checkbox"/> Bean Bag Toss (singles)	10:00am – 3:00pm	JVCC
<input type="checkbox"/> Horseshoes (singles)	10:00am – 3:00pm	JVCC
<input type="checkbox"/> Darts	10:00am – 3:00pm	JVCC
<input type="checkbox"/> Table Tennis (singles)	3:00pm	JVCC
<input type="checkbox"/> Disc Golf	3:00pm – 5:00pm	Kiwanis Park
<input type="checkbox"/> Lawn Bowling Doubles	6:00pm	Lakeview Golf Course
[Partner's Name: _____ ]		

**Saturday, June 24**

<input type="checkbox"/> Shot-Put*	8:30am - 9:30am	<input type="checkbox"/> 100 M Dash*	9:45am
<input type="checkbox"/> Discus*	8:30am - 9:30am	<input type="checkbox"/> 1500 M Walk*	10:00am
<input type="checkbox"/> 800 M Run*	9:00am	<input type="checkbox"/> 400 M Run*	10:30am
<input type="checkbox"/> 1500 M Run*	9:00am	<input type="checkbox"/> Running Long Jump*	10:45am
<input type="checkbox"/> Javelin*	9:30am - 10:30am	<input type="checkbox"/> Standing Long Jump*	10:45am
<input type="checkbox"/> Softball Throw*	9:30am - 10:30am	<input type="checkbox"/> 400 M Walk*	10:50am
<input type="checkbox"/> 50 M Dash*	9:30am	<input type="checkbox"/> 200 M Run*	11:10am

*\* All Track & Field Events will be held at Joe Quintal Field*

<input type="checkbox"/> Basketball Field Goals/Free Throws	11:00am	Mitchell Senior High
<input type="checkbox"/> Basketball Full Court Timed Lay Ups	11:00am	Mitchell Senior High

**Waiver & Hold Harmless Agreement:** I, the undersigned participant, hereby waive and release any and all claims or causes of action arising out of any injuries I may sustain as a result of my participation in the 2017 Mitchell Senior Games, including those attributable to negligence and/or weather conditions. This waiver and agreement to identify, save, and hold harmless the Mitchell Area Senior Games leadership and volunteers, Mitchell Parks & Recreation, City of Mitchell, James Valley Community Center, sponsors, employees, agents, and representatives of the SD Senior Games Organization and shall be binding upon me and my heirs, personal representatives, and assigns.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_